



Friendship Café

Grab & Go Curbside Lunch Menu

February 2021

Glenville Senior Center
32 Worden Road Glenville, NY 12302

Reservations required call:
518-393-1946

Menu items are subject to change.

Monday thru Friday: 11:30am-12:15pm
518-393-1946

Suggested Meal Contribution

1% milk served daily

Sponsored by: Catholic Charities Senior & Caregiver Support Services

Participants 60 and over - \$3.50
Food Stamps are welcome

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4				
1	2	3	4	5
Open Face Roast Beef Sand. on Wheat Bread Roasted Potatoes Mixed Vegetables Cinnamon Applesauce	Breaded Baked Fish Wheat Bread Mashed Sweet Potatoes Fruit Cocktail French Cut Green Beans Orange Slices	Chicken & Biscuit Vegetable Medley Orange Juice Vanilla Pudding w/ Topping	Ham Salad on Roll Carrots Three Bean Salad Orange Juice Fruit Cup	Cheese Pizza Romaine Salad w/ Grilled Chicken Wax Beans Orange Juice Chocolate Cake
Week 1				
8	9	10	11	12
Stuffed Peppers w/ Brown Rice Vegetable Medley Wheat Bread Strawberry w/ Topping	Tuna Salad on Croissant Broccoli Three Bean Salad Fruit Cup	Baked Chicken Wheat Bread Roasted Red Potatoes Spinach Orange Juice Banana	Spaghetti w/ Meat Sauce Garlic Bread Sugar Snap Peas Mandarin Oranges Fruit Pie	Cheeseburger on Roll Sweet Potato Wedges Coleslaw Orange Juice Peaches w/ Topping
Week 2				
15	16	17	18	19
<i>President's Day</i>	Chicken Salad on Croissant Four Bean Salad Baked Beans Tropical Fruit	Linguini and Clam Sauce Wheat Bread Capri Vegetables Three Bean Salad Orange Juice Strawberries w/ Topping	Philly Cheese Steak on Roll Vegetable Soup Sweet Potato Wedges Home-Style Vegetables Fresh Melon	Harbour Style Fish Rice Pilaf Peas & Onions Wheat Bread Fresh Orange Banana Cream Pie
Week 3				
22	23	24	25	26
Macaroni and Cheese Cucumber Salad Wheat Bread Orange Juice Strawberry Rhubarb Pie	London Broil Potato Salad Winter Squash Mandarin Oranges Wheat Bread Oatmeal Cookie	Chicken Alfredo w/ Pasta Broccoli & Carrots Three Bean Salad Wheat Bread Tropical Fruit Salad	Swedish Meatballs over Egg Noodles Summer Squash Blend Peas / Wheat Bread Melon	Roast Pork w/ Gravy Applesauce / Mashed Potatoes Sugar Snap Peas Wheat Bread Fresh Orange Chocolate Pudding w/ Topping

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.