



## Friendship Café Grab & Go Curbside Lunch Menu

March 2021

**Bishop Scully Hall**  
1735 Alexander Road. PO Box 219  
Delanson, NY 12053

Monday, Wednesday, Friday: 11:45am-12:30pm  
518-275-7601

**Reservations required call:  
518-275-7601**

Menu items subject to change.

1% milk served daily

Sponsored by: Catholic Charities Senior & Caregiver Support Services

**Suggested Meal Contribution**

Participants 60 and over - \$3.50  
Food Stamps are welcome

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 4</b>				
1 Italian Baked Chicken Golden Mashed Potatoes Peas Applesauce WW Bread Peach Cobbler	2	3 Spanish Rice w/ Beef Peppers, Tomato, and Beans California Blen Brown Rice WW Bread Pears	4	5 Tuna Cassarole w/ Mixed Vegetables Brussel Sprouts Carrots WW Bread Fruit Cocktail
<b>Week 5</b>				
8 Spaghetti and Meat Sauce Romaine Salad Garlic Bread Peaches	9	10 Chicken Stir Fry Asian Vegetable Blend Cranberry Juice Blend Brown Rice WW Bread Banana	11	12 Baked Ham Scalloped Potatoes Butternut Squash Corn Bread Strawberries w/ Topping
<b>Week 6</b>				
15 Herb Crusted Fish Fillet Broccoli Mashed Sweet Potatoes Fresh Raspberries WW Bread Bonus Brownie	16	17 Pizza w/ Turkey Pepperoni Romaine Salad Fresh Orange	18	19 Baked Breaded Chicken w/ Honey Mustard Mixed Vegetables Baked Potato WW Bread Mandarin Oranges
<b>Week 1</b>				
22 Chili Spinach Cranberry Juice Blend Corn Bread Fruit Cocktail	23	24 Chicken Sausage w/ Peppers & Onions on WW Hamburger Bun Cauliflower Sweet Potato Fries Apple Crisp	25	26 Macaroni & Cheese Stewed Tomatoes Steamed Carrots WW Dinner Roll Tropical Fruit
<b>Week 2</b>				
29 Meatloaf Broccoli Garlic Mashed Potatoes WW Roll Apricots	30	31 Egg, Cheese & Veggie Bake Orange Juice Sweet Potato Tots English Muffin Blueberry Muffin	1-Apr	2-Apr <i>Good Friday</i>

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.