



## Friendship Café

### Grab & Go Curbside Lunch Menu

February 2021

**Bishop Scully Hall**  
1735 Alexander Road. PO Box 219  
Delanson, NY 12053

Monday, Wednesday, Friday: 11:45am-12:30pm  
518-275-7601

**Reservations required call:**  
**518-275-7601**

Menu items are subject to change

Suggested Meal Contribution

1% milk served daily

Sponsored by: Catholic Charities Senior & Caregiver Support Services

Participants 60 and over - \$3.50  
Food Stamps are welcome

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 6</b>				
1 Herb Crusted Fish Fillet Broccoli Mashed Sweet Potatoes Fresh Raspberries WW Bread Bonus Brownie	2	3 Pizza with Turkey Pepperoni Romaine Salad Fresh Orange	4	5 Baked Breaded Chicken w/ Honey Mustard Mixed Vegetables Baked Potato WW Bread Mandarin Oranges
<b>Week 1</b>				
8 Chilli Spinach Cranberry Juice Blend Corn Bread Fruit Cocktail	9	10 Chicken Sausage with Peppers and Onions on WW Hamburger Bun Cauliflower Sweet Potato Fries Apple Crisp	11	12 Macaroni and Cheese Stewed Tomatoes Steamed Carrots WW Dinner Roll Pineapple
<b>Week 2</b>				
15 <i>President's Day</i>	16	17 Egg, Cheese & Veggie Bake Orange Juice Sweet Potato Tots English Muffin Blueberry Muffin	18	19 Pulled Pork on a Bun Cole Slaw Mixed Vegetables Tropical Fruit
<b>Week 3</b>				
22 Breaded Baked Fish Fillet Mixed Vegetables Brown Rice WW Bread Fresh Strawberries Shortcake Biscuit w/ Topping	23	24 Chicken Taco Salad Cheddar Cheese/ Salsa Broccoli Whole Grain Pita Chips Apricots	25	26 Roast Turkey w/ Gravy Mashed Sweet Potatoes Green Beans/ Cranberry Sauce WW Bread Tropical Fruit

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.