



CAREGIVER SUPPORT PROGRAM 2018 SCHEDULE

*Are you caring for a loved one age 60 or older?
You are invited to attend a discussion about Caregiving*

2nd Wednesday of the month

6:00 - 7:15 pm
Christ the King Church
20 Sumter Avenue (**Guilderland**)
Albany, NY 12203

3rd Wednesday of the month

12:00 - 1:00 pm
Church of St. Mary's
163 Columbia Turnpike
Rensselaer, NY 12144

4th Wednesday of the month

6:00 - 7:15 pm
West Central Rensselaer Lutheran Parish
470 Winter St. Extension
North Greenbush, NY 12180

REMEMBER TO CARE FOR YOURSELF ~ WHILE CARING FOR A LOVED ONE

FOR MORE INFORMATION

***Call the Caregiver's Support Program at Catholic Charities
(518) 372-5667***

Refreshments provided

Catholic Charities welcomes all persons regardless of race, creed, or lifestyle

This program is provided by Catholic Charities Senior & Caregiver Support Services and sponsored by the Albany County Department for Aging, Rensselaer County Unified Family Services, the New York State Office for Aging & the Federal Administration on Aging.

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