

Friendship Café

Ten Eyck

375 Broadway Schenectady, NY 12305
Monday thru Friday: 10:30am-1:00pm
Lunch is served at 12pm, noon

518-859-7504

Sponsored by Catholic Charities Senior & Caregiver Support Services

November 2021

To Reserve a Meal, Call **518-859-7504**

Suggested Meal Contribution:



Participants 60 and over - \$3.50

Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Salisbury Steak Boiled Potatoes Cape Cod Blend OJ WW Roll Pudding</p>	<p>2</p> <p>CLOSED</p>	<p>3</p> <p>Chicken Pot Pie (biscuit topping) Broccoli WW Roll Apricots</p>	<p>4</p> <p>Macaroni & Cheese Stewed Tomatoes Tropical Fruit Salad WW Roll Fruit Pie</p>	<p>5</p> <p>Roasted Pork over bed of Sauerkraut Roasted Red Potatoes Broccoli Banana</p>
<p>8</p> <p>Spinach, Ham, and Onion Quiche Sliced Carrots Corn Bread Fresh Orange Brownie</p>	<p>9</p> <p>Goulash Capri Vegetables Italian Bread Fruit Pie</p>	<p>10</p> <p>BBQ Beef Mashed Potatoes Peas and Carrots Applesauce Chocolate Pudding WW Roll</p>	<p>11</p> <p>CLOSED VETERANS DAY</p>	<p>12</p> <p>Harbor Fish Egg Noodles Broccoli Mandarin Oranges</p>
<p>15</p> <p>Baked Ham Scalloped Potatoes Baked Beans Cauliflower WW Roll Cream Pie</p>	<p>16</p> <p>Meat Lasagna Italian Green Beans Bread Sticks Pineapple</p>	<p>17</p> <p>CLOSED</p>	<p>18</p> <p> Traditional Thanksgiving Meal</p>	<p>19</p> <p>Sweet n Sour Chicken over White Rice Peas & Carrots WW Bread Pears</p>
<p>22</p> <p>Stuffed Cabbage California Blend Vegetables WW Bread Mandarin Oranges Brownie</p>	<p>23</p> <p>Breaded Pork Chop Mashed Potatoes WW Bread Mixed Vegetables Peaches</p>	<p>24</p> <p>Chicken Cacciatore Whole Bean Blend WW Roll Orange</p>	<p>25</p> <p> CLOSED THANKSGIVING</p>	<p>26</p> <p>CLOSED</p>
<p>29</p> <p>Beef Stew over Biscuit Green Beans OJ WW Roll Fruit Pie</p>	<p>30</p> <p>Honey Ginger Chicken Thighs Rice Pilaf Asian Vegetable Blend WW Roll Pears</p>	<p>1</p> <p>Pot Roast w/ Carrots and Potatoes WW Bread Fresh Oranges Fruited Jello</p>	<p>2</p> <p>Breaded Baked Fish Tri-Color Parsley Rotini French Style Green Beans WW Bread Tropical Fruit Salad Chocolate Pudding w/ Topping</p>	<p>3</p> <p>Oven Fried Breaded Chicken Oven Roasted Potato Wedges Corn Carrots Mandarin Orange</p>

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.