**Friendship Café**

Ten Eyck

375 Broadway, Schenectady, NY 12305

Monday thru Friday: 11:30am-1:30pm

Lunch is served at 12pm, noon

518-859-7504

August 2022

To Reserve a Meal, Call 518-859-7504

Suggested Meal Contribution:
Participants 60 and over - $3.50
Required Fee for Guests Under 60 - $6.75

Food Stamps are welcome

Menu items are subject to change.

2% milk, bread and fruit served daily

Sponsored by Catholic Charities Senior & Caregiver Support Services

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<th>FRIDAY</th>
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</table>
|  1 | Chicken Marsala  
Mashed Sweet Potatoes  
Yellow Squash | Lemon Dill Cod  
Parsley Potatoes  
Rice and Carrots | Chicken Piccata  
Penne Pasta  
Broccoli  
Waxed Beans | Salisbury Steak w/ Gravy  
Mashed Potatoes  
Peas | Apple Ginger Pork  
Roasted Potatoes  
Broccoli |
|  8 | Glazed Ham  
Whipped Sweet Potatoes  
Broccoli | Chicken Cacciatore  
Rotini Pasta  
Zucchini | Yankee Pot Roast  
Mashed Potatoes  
Broccoli | Chicken Cordon Blue  
Casserole  
Corn | Baked Cod  
Sweet Potatoes  
Spinach |
| 15 | Turkey Tetrazzini  
Butternut Squash  
Broccoli | Herb Baked Chicken  
White Rice w/ Green beans  
Baked Sweet Potatoes | Beef Goulash  
Corn | Pork Ribbette  
Mashed Potatoes  
Carrots and Brussel Sprouts | Cheese Ravioli  
Zucchini |
| 22 | Salisbury Steak  
Sweet Potatoes  
Squash | Beef Goulash  
Broccoli | BBQ Chicken  
Garlic Mashed Potatoes  
Brussel Sprouts  
Apple Sauce | Roast Beef w/ Gravy  
Mashed Potatoes  
Broccoli | Pasta w/ Meatballs  
Corn and Spinach |
| 29 | Chicken Marsala  
Mashed Sweet Potatoes  
Yellow Squash | Lemon Dill Cod  
Parsley Potatoes  
Rice and Carrots | Chicken Piccata  
Penne Pasta  
Broccoli  
Waxed Beans | Salisbury Steak w/ Gravy  
Mashed Potatoes  
Peas | Apple Ginger Pork  
Roasted Potatoes  
Broccoli |