

Debra Gallup, Site Coordinator
 Danielle Sommers, Friendship Café Cook

**Bishop Scully Hall
 "Friendship Café"**

1735 Alexander Rd. PO Box 219
 Delanson, NY 12053

August 2020 Menu

Monday, Wednesday, Friday: 10:30AM-1:30PM
 518-275-7601

Suggested Meal Contribution
 Participants 60 and over-\$3.50
 Guests under 60-\$6.75

1% Milk, Bread and Fruit
 Served Daily

Sponsored by: Catholic Charities Senior & Caregiver Support Services

Food Stamps Welcome

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked chicken Cole Slaw Carrots 2 slices Whole Wheat Bread	2	3 Tuna Salad Sandwich Macaroni Salad Sliced Tomatoes Juice	4	5 Meatball Subs on WW roll Sweet Potato fries Cauliflower
8 Turkey Sandwich on WW Bread Tossed Salad Yogurt Parfait	9	10 Sloppy Joes on WW Roll Potato Salad Spinach	11	12 Chicken Taco Salad 2 oz Chips and Salsa Juice Fruit crisp
15 Grilled Fish with Veggies Roasted Sweet Potatoes Green Beans Fruit squares	16	17 Cottage Cheese Plate Hard Boiled Egg Carrot and Raisin Salad Cookie	18	19 Cheese burger on WW Bun Quinoa Salad w/ veggies Peas and carrots Frozen Yogurt
22 Sausage Peppers & Onions on WW Roll Roasted Red Potatoes Broccoli	23	24 Egg Salad on WW Bread Pasta Salad Sliced Tomatoes Brownie	25	26 Baked Chicken Maccaroni Salad Mixed Veggies Steamed Broccoli
29 Chef Salad w/ turkey, ham and swiss 2 oz Crackers Fruit Ambrosia	30	31 Barbeque Baked Chicken Sweet Potatoes Brussel Sprouts Fruit Shortcake		Egg and cheese Bake Sweet potato tots Apple Sauce Carrot Muffins Fruit Salad

The Senior Nutrition and Transportation Program is operated by the Schenectady County Office for the Aging under contract with Catholic Charities Senior & Caregiver Support Services. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation or sexual orientation.

Danielle Sommers 7/15/22