### August 2020 Menu

**Bishop Scully Hall**  
"Friendship Café"  
1735 Alexander Rd. PO Box 219  
Delanson, NY 12053  
**518-275-7601**

**Monday, Wednesday, Friday:** 10:30AM-1:30PM

1% Milk, Bread and Fruit  
Served Daily:

<table>
<thead>
<tr>
<th>Day</th>
<th>Items</th>
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<tbody>
<tr>
<td>MONDAY</td>
<td>Baked chicken, Cole Slaw, Carrots, 2 slices Whole Wheat Bread</td>
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<tr>
<td>TUESDAY</td>
<td>Tuna Salad Sandwich, Macaroni Salad, Sliced Tomatoes Salad, Juice</td>
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<td>WEDNESDAY</td>
<td>Sloppy Joes on WW Roll, Potato Salad, Spinach</td>
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<td>THURSDAY</td>
<td>Meatball Subs on WW Roll, Sweet Potato fries, Cauliflower</td>
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<td>FRIDAY</td>
<td>Cheese burger on WW Bun, Quinoa Salad w/ veggies, Peas and carrots, Frozen Yogurt</td>
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**Suggested Meal Contribution**  
Participants 60 and over-$3.50  
Guests under 60-$6.75  
Food Stamps Welcome

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The Senior Nutrition and Transportation Program is operated by the Schenectady County Office for the Aging under contract with Catholic Charities Senior & Caregiver Support Services. The program is funded by the Older Americans Act, NY Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation or sexual orientation.

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Sponsored by: Catholic Charities Senior & Caregiver Support Services

Debra Gallup, Site Coordinator  
Danielle Sommers, Friendship Café Cook