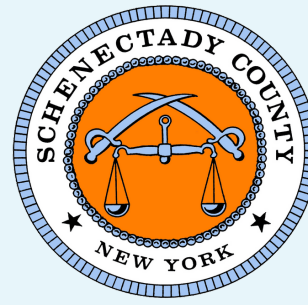


May 2023

Ten Eyck Meal Site

375 Broadway, Schenectady
(518) 859-7504

Monday thru Friday 10:00am-1:00pm



Monday	Tuesday	Wednesday	Thursday	Friday
Hangman 1 Beef Goulash Broccoli Fruit Cocktail	Would You Rather 2 Salisbury Steak w/Gravy Roasted Potatoes Green Peas Sugar Cookie	Puzzle Day 3 BBQ Chicken Breast Garlic Mashed Potatoes Brussel Sprouts Oatmeal Raisin Cookie	Bingo 4 Pasta with Meatballs Corn Apple Sauce	Movie 5 Roast Beef w/Gravy Mashed Potatoes Broccoli Pineapple
Family Feud 8 Chicken Marsala Rice Pilaf Mixed Vegetables Chocolate Chip Cookie	Card Games 9 Lemon Dill Cod Rice Carrots Mandarin Oranges	Rose Garden 10 Chicken Piccata Penne Pasta Broccoli Applesauce	RD Presentation 11 Salisbury Steak w/Gravy Mashed Potatoes Peas Tropical Fruit	Wii 12 Apple Ginger Pork Roasted Potatoes Broccoli Vanilla Pudding
Hang man 15 Glazed Ham Whipped Sweet Potato Broccoli Vanilla Wafers	Would You Rather 16 Chicken Cacciatore Rotini Mixed Vegetables Sliced Peaches	Puzzle Day 17 Roast Beef w/Gravy Mashed Potatoes Broccoli Tapioca Pudding	Bingo 18 Chicken Cordon Blue Casserole Corn Tropical Fruit	Movie 19 Macaroni & Cheese Stewed Tomatoes Sliced Pears
Family Feud 22 Turkey Tetrazzini Broccoli Sliced Peaches	Card Games 23 Herb Baked Chicken White Rice French Green Beans Banana Pudding	Meal at Glenville 24 Older Americans Month Celebration	Bingo 25 Pork Riblets Mashed Potato Carrots Peanut Butter Cookies	Wii 26 Cheese Ravioli Marinara Sauce Italian Green Beans Pineapple
Closed for Memorial Day 29	60's Music 30 Salisbury Steak w/Gravy Roasted Potatoes Green Peas Sugar Cookie	Birthday Celebration 31 BBQ Chicken Breast Garlic Mashed Potatoes Brussel Sprouts Oatmeal Raisin Cookie		

1% milk and bread are served daily.
Call (518) 859-7504 to reserve a meal.

Suggested Meal Contribution:

Registered guests 60 and over - \$3.50

Required fee for guests under 60 - \$6.75

Food Stamps welcome.

Menu items are subject to change.

Schenectady County Senior & Long Term Care Website:

www.schenectadycounty.com/sltc

NY Connects
(518) 382-8481 x1

