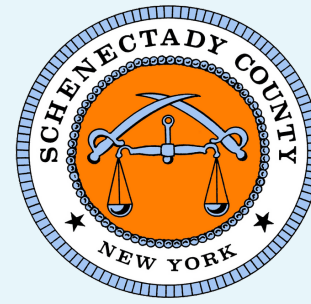


# May 2023

## Jewish Community Center Meal Site

12565 Balltown Road, Niskayuna, NY  
(518) 377-8803

Monday, Wednesday, Friday: 10:00am-1:00pm



1% milk and bread are served daily.  
**Call (518) 377-8803 to reserve a meal.**  
**Suggested Meal Contribution:**  
 Registered guests 60 and over - \$3.50  
 Required fee for guests under 60 - \$6.75  
 Food Stamps welcome.  
*Menu items are subject to change.*  
**Schenectady County Senior & Long Term Care Website:**  
[www.schenectadycounty.com/sltc](http://www.schenectadycounty.com/sltc)  
**NY Connects**  
 (518) 382-8481 x1   
[www.ccseniorservices.org](http://www.ccseniorservices.org)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Music Trivia</b> 1 Tuna Salad in a Pita Pasta Salad Roasted Sweet Potatoes Cinnamon Applesauce	2	<b>Words in Words</b> 3 Spaghetti & Ground Turkey Meat Sauce Spinach Grapes	4	<b>Hangman</b> 5 Apricot Chicken Stewed Tomatoes Brussel Sprouts Roasted Sweet Potatoes Lady Stella Cookies
<b>Tri-Bond</b> 8 Baked Fish w/ Peppers Tomatoes, Mushrooms Coleslaw Mashed Potatoes Orange	9	<b>Rose Garden</b> 10 Egg Salad Sandwich Three Bean Salad Roasted Potatoes Luigi's Italian Ice	11	<b>Greeting Cards</b> 12 Turkey Spinach Meatloaf Carrots & Broccoli Egg Noodles Cinnamon Applesauce
<b>Hangman</b> 15 Baked Omelet w/ Veggies Peas & Zucchini Roasted Potatoes Mandarin Orange	16	<b>RD Presentation</b> 17 Chicken Primavera Cauliflower, Corn & Peas Whole Wheat Pasta Stella D'Oro Chocolate Cookies	18	<b>Word Search</b> 19 Sloppy Joes California Blend Vegetables Roasted Sweet Potatoes Grapes
<b>Giggle w/Riddles</b> 22 Stuffed Peppers Tomato, Chickpea & Cucumber Salad Luigi's Italian Ice	23	<b>Meal at Glenville</b> 24 <b>Older Americans Month Celebration</b>	25	<b>Closed for Shavulot Holiday</b> 26
<b>Closed for Memorial Day</b> 29	30	<b>Birthday Celebration</b> 31 Tarragon Tomato Fish Peas Cauliflower Garden Vegetable Rice Birthday Cake		