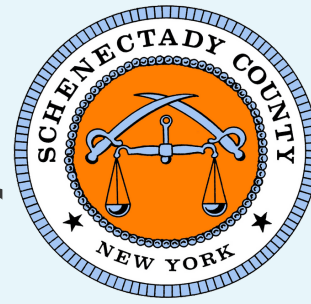


May 2023

Glenville Senior Center Meal Site

132 Worden Road, Glenville, NY
(518) 393-1946

Monday thru Friday 10:00am-1:00pm



Monday	Tuesday	Wednesday	Thursday	Friday
Meditation 1 Beef Goulash Broccoli Fruit Cocktail	Bingo 2 Salisbury Steak w/Gravy Roasted Potatoes Green Peas Sugar Cookie	Hangman 3 BBQ Chicken Breast Garlic Mashed Potatoes Brussel Sprouts Oatmeal Raisin Cookie	Tribond 4 Pasta with Meatballs Corn Apple Sauce	Chair Sit & Fit 5 Roast Beef w/Gravy Mashed Potatoes Broccoli Pineapple
Meditation 8 Chicken Marsala Rice Pilaf Mixed Vegetables Chocolate Chip Cookie	Language Burst Game 9 Lemon Dill Cod Rice Carrots Mandarin Oranges	Rose Garden 10 Chicken Piccata Penne Pasta Broccoli Applesauce	Lady Bell Ringer Performance 11 Salisbury Steak w/Gravy Mashed Potatoes Peas Tropical Fruit	Craft Greeting Cards 12 Apple Ginger Pork Roasted Potatoes Broccoli Vanilla Pudding
Hangman 15 Glazed Ham Whipped Sweet Potato Broccoli Vanilla Wafers	Wii Sports 16 Chicken Cacciatore Rotini Mixed Vegetables Sliced Peaches	Planting Flowers 17 Roast Beef w/Gravy Mashed Potatoes Broccoli Tapioca Pudding	Language Burst Game 18 Chicken Cordon Blue Casserole Corn Tropical Fruit	Corn Hole 19 Macaroni & Cheese Stewed Tomatoes Sliced Pears
Chair Sit & Fit 22 Turkey Tetrazzini Broccoli Sliced Peaches	Tribond 23 Herb Baked Chicken White Rice French Green Beans Banana Pudding	Meal at Glenville 24 Older Americans Month Celebration	Hangman 25 Pork Riblets Mashed Potato Carrots Peanut Butter Cookies	Tai Chi w/Tony 26 Cheese Ravioli Marinara Sauce Italian Green Beans Pineapple
29 Closed for Memorial Day	Checkers Round Robin 30 Salisbury Steak w/Gravy Roasted Potatoes Green Peas Sugar Cookie	Birthday Celebration 31 BBQ Chicken Breast Garlic Mashed Potatoes Brussel Sprouts Oatmeal Raisin Cookie		

1% milk and bread are served daily.

Call (518) 393-1946 to reserve a meal.

Suggested Meal Contribution:

Registered guests 60 and over - \$3.50

Required fee for guests under 60 - \$6.75

Food Stamps welcome.

Menu items are subject to change.

Schenectady County Senior & Long Term Care Website:

www.schenectadycounty.com/sltc

NY Connects

(518) 382-8481 x1



www.ccseniorservices.org