



Friendship Café

Bishop Scully Hall

1735 Alexander Road. PO Box 219

Delanson, NY 12053

Monday, Wednesday, Friday: 10:30am-1:00pm

518-275-7601

Sponsored by Catholic Charities Senior & Caregiver Support Services

March 2023

To Reserve a Meal, Call **518-275-7601**

Suggested Meal Contribution:

Participants 60 and over - \$3.50

Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk and bread are served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Dph... BDN 2/22/23</i></p>		<p>1</p> <p>Chicken Stir-Fry Summer Squash Brown Rice Banana</p>		<p>3</p> <p>Baked Mac & Cheese Butternut Squash Peas Mandarin Oranges</p>
<p>6</p> <p>Stuffed Peppers Italian Veggies Cinnamon Applesauce</p>		<p>8</p> <p>BBQ Chicken Cole Slaw California Blend Veggies Potato Salad Black Bean Brownies</p>		<p>10</p> <p>Garlic & Lemon Butter Baked Fish Mixed Veggies Brussels Sprouts Scalloped Potatoes Fluff Cake</p>
<p>13</p> <p>Turkey Chili Carrots Corn Bread Oranges</p>		<p>15</p> <p>Corned Beef & Cabbage Potatoes Irish Soda Bread 10 Minute Ice Cream Pie</p>		<p>17</p> <p>Tuna Salad Sandwich Cucumber Dill Salad Roasted Sweet Potatoes Cabbage Salad Apple Crisp</p>
<p>20</p> <p>Chicken Sausage & Peppers Summer Squash Pasta Salad Mandarin Oranges</p>		<p>22</p> <p>Roast Chicken w/ Gravy Corn and Peas Mashed Potatoes Grapes</p>		<p>24</p> <p>Baked Ziti Spinach Garlic Bread Peaches w/ Whipped Cream</p>
<p>27</p> <p>Taco Salad w/ Beef Cinnamon Applesauce</p>		<p>29</p> <p>Apricot Chicken Carrots and Broccoli Roasted Sweet Potatoes Peaches</p>		<p>31</p> <p>Tuna Noodle Casserole Corn & Brussel Sprouts Angel Food Cake w/ berries & Whipped Topping</p>

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.