



# Friendship Café

## February 2023

### Bishop Scully Hall

1735 Alexander Road. PO Box 219  
Delanson, NY 12053

Monday, Wednesday, Friday: 10:30am-1:00pm

**518-275-7601**

Sponsored by Catholic Charities Senior & Caregiver Support Services

To Reserve a Meal, Call **518-275-7601**

**Suggested Meal Contribution:**

Participants 60 and over - \$3.50

Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk and bread are served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Don't know, RDN 1/20/23</i></p>		<p><b>1</b> Egg &amp; Cheese Bake w/Veggies Roasted Potatoes Cabbage Salad Pineapple</p>		<p><b>3</b> Tuna Sandwich in a WW Pita Mixed Veggies Roasted Sweet Potatoes Peach Cobbler</p>
<p><b>6</b> Turkey Chili w/ Beans Carrots Corn Bread Grapes</p>		<p><b>8</b> Roast Chicken Corn &amp; Green Beans Scalloped Potatoes Applesauce</p>		<p><b>10</b> Baked Ziti Broccoli Whole Grain Pasta Black Bean Brownies</p>
<p><b>13</b> Taco Salad w/ Beef Tortilla Chips Maple Vanilla Baked Pears</p>		<p><b>15</b> Chicken w/ Mushroom Gravy Carrots/Broccoli Pasta Peaches</p>		<p><b>17</b> Tuna Noodle Casserole Beets Brussel Sprouts Applesauce</p>
<p><b>20</b> Closed Holiday Observed</p>		<p><b>22</b> Beef Stew Butternut Squash Apple Crisp</p>		<p><b>24</b> Baked Fish w/ Dill Peas/Carrots Spinach Mashed Sweet Potatoes Fluff Cake</p>
<p><b>27</b> Spaghetti w/ Meat Sauce Green Beans Peaches</p>		<p><b>1-Mar</b> Baked Chicken Mixed Veggies Skillet Yellow Squash Scalloped Potatoes Angel Food Cake w/ Berries &amp; Whip Topping</p>		<p><b>3-Mar</b></p>

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.