



Friendship Café

January 2022

Bishop Scully Hall

1735 Alexander Road. PO Box 219
Delanson, NY 12053

Monday, Wednesday, Friday: 10:30am-1:00pm

518-275-7601

Sponsored by Catholic Charities Senior & Caregiver Support Services

To Reserve a Meal, Call **518-275-7601**

Suggested Meal Contribution:



Participants 60 and over - \$3.50

Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED New Years Observed 	4	5 Chili Spinach Cranberry Juice Blend Corn Bread Fruit Cocktail	6	7 Chicken Sausage w/ Peppers & Onions on WW Bun Roasted Red Potatoes Broccoli Apricots
10 Macaroni and Cheese Broccoli Salad w/ Carrots & Tomatoes WW Bread Fresh Fruit	11	12 Egg, Cheese, & Veggie Bake OJ Roasted Sweet Potatoes English Muffin Blueberry Muffin	13	14 Meatloaf Broccoli Garlic Mashed Potatoes WW Roll Apricots
17 CLOSED Martin Luther King Jr. Day 	18	19 Spaghetti and Meat Sauce Iceberg Lettuce Salad Garlic Bread Peaches	20	21 Chicken Taco Salad Whole Grain Tortilla Chips Broccoli Frozen Yogurt
24 Tuna Casserole Brussel Sprouts Carrots WW Bread Fruit Cocktail	25	26 Baked Chicken Cole Slaw Cooked Carrots WW Bread Vanilla Pudding	27	28 Pulled Pork on a Bun Cole Slaw Mixed Vegetables Tropical Fruit
31 Lemon & Herb Crusted Fish Baked French Fries Spinach WW Bread Strawberry Shortcake	1-Feb	2-Feb Baked Breaded Chicken w/ Honey Mustard Mixed Vegetables Baked Potato WW Bread Mandarin Oranges	3-Feb	4-Feb Pizza with Turkey Pepperoni Iceberg Lettuce Salad Fresh Orange

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.