

# Friendship Café

## Bishop Scully Hall

1735 Alexander Road. PO Box 219  
Delanson, NY 12053

Monday, Wednesday, Friday: 10:30am-1:00pm

**518-275-7601**

Sponsored by Catholic Charities Senior & Caregiver Support Services

# December 2021

To Reserve a Meal, Call **518-275-7601**

**Suggested Meal Contribution:**

Participants 60 and over - \$3.50

Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Chicken Taco Salad Broccoli Whole Grain Tortilla Chips Frozen Yogurt	<b>2</b>	<b>3</b> Pizza w/ Turkey Pepperoni Salad w/ Carrots and Tomato OJ Fresh Fruit
<b>6</b> Breaded Baked Fish Fillet Mixed Vegetables Brown Rice WW Bread Strawberries w/ Topping	<b>7</b>	<b>8</b> Italian Baked Chicken Mashed Sweet Potatoes Peas Applesauce WW Bread Peaches and Cream	<b>9</b>	<b>10</b> Spanish Rice with Beef, Peppers, Tomato, and Beans California Blend Vegetables Brown Rice WW Bread Banana
<b>13</b> Spaghetti w/ Meat Sauce Iceberg Lettuce Salad Garlic Bread Peaches	<b>14</b>	<b>15</b> Chicken Stir Fry over Brown Rice Asian Vegetables Cranberry Juice Blend WW Bread Banana	<b>16</b> 	<b>17</b> <b>Holiday Meal</b> Roast Beef Baked Potatoes Butternut Squash Peas Apple Pie w/ Topping
<b>20</b> Herb Crusted Fish Fillet Broccoli Mashed Sweet Potatoes Apple Juice WW Bread Brownie	<b>21</b>	<b>22</b> Meatloaf Broccoli Garlic Mashed Potatoes WW Roll Apricots	<b>23</b>	<b>24</b>  <b>CLOSED            CHRISTMAS EVE</b>
<b>27</b> Tuna Casserole Brussel Sprouts Carrots WW Bread Fruit Cocktail	<b>28</b>	<b>29</b> Chicken Sausage Peppers and Onions on WW Hamburger Bun Cauliflower Sweet Potato Fries Apple Crisp	<b>30</b>	<b>31</b> <b>New Years Eve</b> Roast Turkey w/ Gravy Mashed Sweet Potatoes Green Beans / Cranberry Sauce WW Bread Tropical Fruit

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.