



Friendship Café

May 2022

Bishop Scully Hall

1735 Alexander Road. PO Box 219
Delanson, NY 12053

Monday, Wednesday, Friday: 10:30am-1:00pm

518-275-7601

Sponsored by Catholic Charities Senior & Caregiver Support Services

To Reserve a Meal, Call **518-275-7601**

Suggested Meal Contribution:
Participants 60 and over - \$3.50
Required Fee for Guests Under 60 - \$6.75

Food Stamps are welcome

Menu items are subject to change.

1% milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Turkey Hot Dogs on a Roll w/ Baked Beans Spinach Salad with Strawberries Tropical Fruit Ambrosia</p>	<p>3</p>	<p>4</p> <p>Cottage Cheese Plate w/ Egg Tossed Salad w/ Mandarin Oranges & Pineapple WW Roll Carrot Raisin Salad Cookies</p>	<p>5</p>	<p>6</p> <p>Tuna Salad on WW Bread w/ Lettuce & Tomato Broccoli Pasta Salad Tropical Fruit</p>
<p>9</p> <p>Chef Salad w/ Ham, Turkey & Swiss Cheese Tossed Salad w/ Carrots Tomato & Green Peppers WW Crackers Strawberries & Cream</p>	<p>10</p>	<p>11</p> <p>Meatball Subs on WW Roll w/ Tomato Sauce & Cheese Broccoli Salad Cantaloupe</p>	<p>12</p>	<p>13</p> <p>Pizza w/ Turkey Pepperoni Tossed Salad Fresh Orange</p>
<p>16</p> <p>Herb Crusted Fish Fillet Broccoli Mashed Sweet Potatoes Apple Juice WW Bread Brownie</p>	<p>17</p>	<p>18</p> <p>Pulled Pork on a Bun Cole Slaw Mixed Vegetables Tropical Fruit</p>	<p>19</p>	<p>20</p> <p>Egg Salad Sandwich on WW Bread Broccoli Pasata Salad Blueberries & Strawberries Brownie</p>
<p>23</p> <p>Baked Chicken Cole Slaw Cooked Carrots WW Bread Vanilla Pudding</p>	<p>24</p>	<p>25</p> <p>Spaghetti & Meat Sauce Tossed Salad Garlic Bread Peaches</p>	<p>26</p>	<p>27</p> <p>Chicken Stir Fry over Brown Rice Asian Vegetables w/ Broccoli & Carrots WW Bread Tropical Fruit Ambrosia</p>
<p>30</p> <p>CLOSED MEMORIAL DAY</p> 	<p>31</p>	<p>01.Jun</p> <p>Lemon & Herb Crusted Fish Baked French Fries Spinach WW Bread Frozen Strawberries w/ Topping</p>	<p>02.Jun</p>	<p>3-Jun</p> <p>Macaroni & Cheese Broccoli Tossed Salad w/ Carrots & Tomatoes WW Bread Fresh Pineapple</p>

The Senior Nutrition and Transportation Program is operated by Catholic Charities Senior & Caregiver Support Services under contract with the Schenectady County Office for the Aging. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation, or sexual orientation.